

# MAROMAC EVENT CENTER

Since 1968

## PROGRAM DESCRIPTION

### TRADITIONAL CAMP PROGRAM

Students will experience the wonder of camp. They will acquire new skill and bond with their friends and teachers around the camp fire in the evening following either an outside game or on-stage talent show.

The students will be divided into groups of 8 to 10 and assigned a cabin and counselor. Each group will have a schedule to follow of 5 activities with instruction per day. The group as a whole will have a free play time before dinner to use all the activities individually. Dinner will be followed by an organized evening program (eg: Talent Show-Catch the flag-Zodiac Games...etc) and completed with a bonfire, marsh mellows and a story.

Each cabin will be assigned a staff to supervise at night, sleep in the cabin and sit at the table during meals.

### ORIENTEERING & LEADERSHIP PROGRAM

Students will experience **independence** and **self-sufficiency** through acquiring the skills of **Orienteering**, the ability to read a map and compass to find their way. This will be combined with **Leadership and Team building** exercise scenarios followed by lecture and discussion on **problem solving** and the **decision making process**.

### ORIENTEERING & WILDERNESS 1<sup>ST</sup> AID PROGRAM

Students will experience **independence** and **self-sufficiency** through acquiring the skills of **Orienteering**, the ability to read a map and compass to find their way. This will be combined with the ability to administer **first aid** in the event someone is hurt. Included in the 1<sup>st</sup> aid will be how to treat fractures, bleeding, blocked airways, shock, hypothermia, burns, **allergic reactions**, poisoning, heat stroke, heat exhaustion and other ailments. The contents of a 1<sup>st</sup> Aid Kit and what they are used for will be covered. Application of the knowledge will be applied continuously through simulated situations.

The group will be divided into four groups of 25 persons. Each group with an instructor will be given the skills and knowledge. All skills will be explained and demonstrated. The students will then have the opportunity to practice the skill with evaluation.

### ALPINE SKI PROGRAM

This program is for intermediate to advanced skiers. Students will stay at the Maromac lodge. Breakfast and dinner along with après ski refreshments are included. Ski tickets to Mont Blanc or Mont Tremblant are provided along with a shuttle bus each day. Maromac will provide two staff to assist and supervise along side the teachers. Each night evening programs are organized by Maromac and followed by an optional movie.

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#### Directors/Owners

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